

## Prayer List

### Church Family

Shirley Baines  
Donna Barnes  
Barry Cobb  
Jim & Katrina Cook  
Jimmy Cottle  
Sue Dail  
Jo Ann Ellis  
Pat Ellis  
Shirley Ellis  
Linda Fowler  
Tyne Garza  
Garry & Judy Griggs  
Sandy Hightower  
Lela Joyner  
Ray & Loretta Lamb  
LaRoyce Nixon  
Virginia Rountree  
Allen Salmon  
Kenny Smith  
Stan & Kathy Smith  
Shellee Stevens  
Chris Tinkham

### Special Prayer Needs

Jason Whitt, Missionary in Nairobi  
Will Cumbia, Missionary in Vienna,  
Austria.  
Daniel & Stephanie Dias,  
Missionaries to Brazil  
Nathan & Kristie Wilson Missionaries  
to Africa  
Our Military and First Responders

### Community

Cheri Anthony  
Frank Babb  
Virginia Beatty  
David Blythe  
Nikki Blythe  
Nancy Cox  
Rob Curtis  
Baby Dawson  
Roland Griggs  
Alex Kinsey  
Terri O'Boyle  
Judy Perry  
James Shealy  
Les Stallings  
Amber Stinson  
Carroll Thorne  
Eva Walters  
Mary Jane Walters  
Angie Waterman  
Don & Carolyn Whitley

### Shut-ins

Beulah Davis  
Gerry Speight

### March WMU Honoree:

Virginia Rountree  
200 Grove Ave.  
Suffolk, VA 23434



**Sermon on the Mount: Matthew 5:33-37**

**March 22, 2020**

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### Announcements

Visit the church website, [www.hbcsuffolk.org](http://www.hbcsuffolk.org) for information and recent sermons.

— Sermon Points —  
Sermon on the Mount:  
Matthew 5:33-37

God is \_\_\_\_\_ to His

\_\_\_\_\_.

Do not \_\_\_\_\_ the Lord's name to  
your \_\_\_\_\_ promises.

A Christ follower is a \_\_\_\_\_ of their

\_\_\_\_\_.

**Study Questions:**

What are some popular phrases people use to add credibility to their words (ex: "I swear to God")?

When we talk about the character of God, one of His attributes, is that He is a FAITHFUL God. How would you explain this part of God's character to someone?

Read Isaiah 55:10-11. What do these verses mean to you? How do these verses give you hope? Do these verses give you a greater stability for the Word of God?

Jesus instructs the disciples not to swear by anything in creation for the Lord created it all, thus implying, when we are swearing on creation we are still swearing by the Lord. Why do we find it necessary to swear on anything when we make promises or vows?

Read Ecclesiastes 5:1-7. How do these verses connect with what Jesus was instructing the disciples with in the Sermon on the Mount? What does it mean to not be rash with your mouth?

Read Matthew 5:37. What does it mean when Jesus says that anything more than 'Yes' or 'No' comes from evil?

How can we cultivate being people of our word? In what ways have you overcome to help you be a truth-teller?

In your opinion, what was the most important takeaway from the sermon this week and why? How can you apply what stood out to you?